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OUR TEAM:

Janet Holmes
Director

Angela DaPonte
Assistant Director

Patty Lavoie
Office Assistant

Ray Benoit
Bus Driver

Phil Ferreira
Manny Fontes
Maintenance

Michele Blanchette
Nancy Lambert
Dining Assistants

The Tiverton Senior Center

207 Canonicus Street
Tiverton, RI 02878
Telephone: 401-625-6790
Fax: 401-625-6793
Email: seniorcenter@tiverton.ri.gov

APRIL 2022



Springtime Painting Class with Kristen \$15 per person

Tuesday, April 5th at 2:15
Make your own masterpiece!!

Art for Your Mind Presents: The Renaissance, Italy's Finest~ **Thursday, April 7th, 10:15 a.m.-11:15 a.m.**



Art For Your Mind is an engaging, educational, art observation experience designed to broaden the minds of its participants. Programs are for people of all backgrounds – artists and non-artists alike. The featured topic, **The Renaissance, Italy's Finest**, offers an opportunity to experience the works of Da Vinci, Michelangelo, Raphael, and other masters of the Italian High Renaissance. We'll learn about why they were important, how they worked, and how their accomplishments forever changed the world of art. Join local art historian Jill Sanford for an enjoyable hour of challenging yourself to see in new ways!



SPRING CRAFT SALE

Please join us on Saturday, **April 9th**, from 9 a.m. to 2 p.m., for our annual Spring Craft Sale

Proceeds from our sales go to Star Kids
Scholarship Program

Be Prepared Before It's Too Late:

Connelly Law Offices, LTD will have an informative
presentations on:

Wills and Trusts

Thursday, April 21st at 10:00 a.m.



ACTIVITIES AT A GLANCE

TOPS – Monday at 9:00 a.m. in Game Room.

Exercise with Deb—Mondays & Wednesdays 9 a.m. and Fridays at 10:15 a.m. \$3

Quilting for Charity meets every **Monday at 10:00-3:00 p.m.**

Pitch League- Hi, Lo, Jack meets **Mondays at 12:30 p.m.**

Chair Yoga with Shirley—Tuesday's at 9 a.m. Class fee is \$3.00 per class.

Drums with Jessica-Tuesdays at 1:30 p.m. Class fee is \$3 per class.

Tiverton Library Services sponsored Book Club Tuesday, APRIL 19th at 10:15 a.m.

Mahjongg– Tuesdays and Fridays, beginning 11:30 a.m.

Wednesdays: 12:30 Cribbage & JamBalaya Jammers/Dining Rm & Chorus/Lounge

Balance Class with Jess-Thursdays at 9:00 a.m. Class fee is \$3 for members

Art For Your Mind-Thursday, APRIL 7th at 10:15 a.m. *The Renaissance: Italy's Finest*

Center Meetings will be held on **Thursday APRIL 28th at 10 a.m.**

FREE Wellness Check with Nurse Terry-Thursday, APRIL 21st 10:00-11:30

BINGO-Thursdays!!! Starts at 1:00 PM Sharp! March 31 & APRIL 7, 21, 28

Knitters for Charity-Thursdays at 1:00 p.m.

Zumba with Jessica—Fridays at 9 a.m. Fee is \$3.00 per class

**Mark Rudd's
Computer
Tutorial**

**Wednesday
APRIL 13th at
10 AM**

Members pay \$3 for classes. Non-
members pay \$6 for classes.
Become a member for \$5 a year
and save money!!



COME JOIN OUR CHORUS!!!!

Wednesdays at 12:30 in Lounge



SHIP~ SENIOR HEALTH INSURANCE PROGRAM

SHIP counselor will meet with folks weekly **by appointment**
to assist with health insurance/Medicare needs. Call **Gerry LePage**
at **848-4185** to schedule an appointment



CARE GIVER SUPPORT GROUP

Alzheimer's and Care Giver Support Group will meet on **Monday, APRIL 11th** and
Monday, APRIL 25th from 2:30 to 3:45p.m.; Nurse Care Manager:

Janet Grapentine facilitates this group.

New care givers are welcome.



**BINGO 1:00 PM
SHARP!**

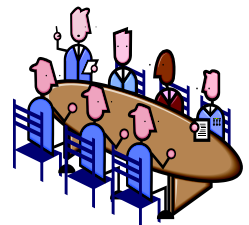
Thursdays!
**MARCH 31st &
APRIL 7, 21, 28**



CENTER MEETING for the month of **APRIL** will be on **Thursday, APRIL 28th at 10:00 A.M.**

The purpose of this meeting is to discuss our financial status, the condition of the building and grounds, fund raising, activities, special events, and classes or activities that you would like to see at the Center.

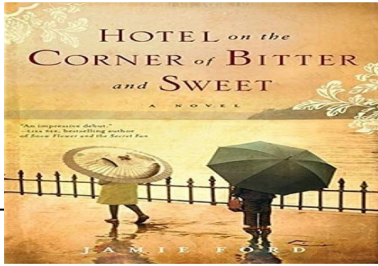
The Senior Center needs **YOU** to keep it moving along with fresh, new ideas and new members who actively participate. We need to keep our Center membership and our meal-site participant numbers growing.. The success of our Senior Center depends upon everyone's involvement. Please join us at our monthly meeting & lend your support and ideas.



Ray continues to bring Tiverton seniors and folks with disability to either the Center or shopping on Tuesdays & Wednesdays. Please call 401-625-6790 to reserve your spot. Bus trips are not individualized. Shopping Bags are limited to four per person. Remember: Ray is the Boss of the Bus!!

TIVERTON LIBRARY SERVICES presents "Words for Wisdom"

a Book Group hosted by Tiverton Library's Maureen Iwanski. This month's book is
"Hotel on the Corner of Bitter and Sweet" by Jamie Ford. We will meet on **Tuesday,**
April 19th at 10:15 a.m. Please feel free to attend on
the above date at the Senior Center.



New members are welcome at any time.

Suggestions on authors and books are gladly accepted.

Learn Mahjongg~ Coming in May

Ann Marie Couture will be teaching Mahjongg
on Tuesday mornings in May; sign-up in the office.

The cost is \$10 for the 2022 Mahjongg card



Ceramics Class~ Monday, May 2nd

Pagano Creations will be holding their next Ceramics Class on
Monday, **May 2nd** from 1-3 p.m.

The cost is \$20 (everything you need will be provided)



APRIL 2022

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|--------------------|----|---------------------|----|
| Doris Andersen | 01 | Al White | 18 |
| Donna Oehrtmann | 02 | Charles Walsh | 19 |
| Carolyn Montgomery | 02 | Ernest Mercier | 20 |
| Susan Couture | 03 | Norbert Berube | 20 |
| Cynthia Wildermuth | 04 | Donald Raposa | 20 |
| Harold Cole | 05 | Christine Trenholme | 20 |
| Rose Marie Texeira | 06 | Loretta Cormier | 23 |
| Richard Wordell | 08 | Joan Dennis | 23 |
| Denise Viveiros | 08 | Ronald Manchester | 24 |
| Nancy Chace | 09 | Patricia Medeiros | 25 |
| Debra Gagnon | 11 | Mary Bender | 26 |
| Loren Bryan | 12 | Kathleen Macedo | 26 |
| Kim Grandmaison | 12 | | |
| Linda Sens | 12 | | |
| Nancy Tatro | 12 | | |
| Joyce Freitas | 14 | | |
| Jean St. Pierre | 14 | | |
| Ana Roias | 15 | | |
| Robert Smith | 15 | | |
| Roger Michel | 17 | | |
| Muriel Barker | 17 | | |



Happy Birthday

Some More **APRIL** Happenings for You to Check Out:

URI Pharmaceutical Outreach Program: Thursday April 14th at 10 a.m.

This month's topic is: **Gluten Intolerance**. Gluten, a protein found in wheat, rye and barley can be problematic for many, causing intestinal distress and other symptoms. Learn more about gluten intolerance and how to avoid its complications.



Nurse Terri Gomes from Visiting Nurse –Home & Hospice will be doing **Free Blood Pressure Screenings** on Thursday, April **21st** from 10:00 a.m. to 11:30 a.m.



Computer Tutorials with Mark Rudd

Mark Rudd will provide computer instruction for those who are interested in learning or improving computer skills.

Tutorials will be offered from

10 to 11:30 AM on Wednesday, April 13th

Please call 625-6790 to register and indicate what you would like to learn.

Is your smart phone making you feel stupid?! Are you frustrated with your tablet or lap top computer? **No worries, Kristin is here to help!**

Stop by on Monday mornings, 10 a.m. to 11 a.m. and meet:

Kristin Amaral, the new Technology Coordinator at the Tiverton Public Library.



LIVE MUSIC every Wednesday beginning at 12:30 p.m.

Come Enjoy the sweet sounds of the **JamBalaya Jammers,**



KARAOKE

Come Join in the fun on Monday, April **18th**

from 1:00—3:00 p.m.

~ Hundreds of songs to choose from!